2025 Spring Schedule

January 3rd-May 22nd

(no classes March 17th-21st)

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| Time | Class | Ages | Duration | Instructor |
| MONDAY | | | | |
| 3:45-4:45 | Beg. 1 Younger | 5-6 | 1 hour | Amy |
| 3:45-4:45 | Beginner 1 |  | 1 hour | Brian |
| 4:30-5:30 | Beginner 2 |  | 1 hour | Brie |
| 4:45-5:45 | Intermediate  Tumbling |  | 1 hour | Brian |
| 4:45-5:45 | Beginner 1 |  | 1 hour | Amy |
| 5:30-6:15 | Preschool | 3-4 | 45 Min. | Brie |
| 5:45-6:45 | Beginner 2 |  | 1 hour | Brian |
| 5:45-6:45 | Beginner 3 /Intermediate Gymnastics |  | 1 hour | Amy |
| 6:15- 7:30 | Pre-Team |  | 1 hour & 15 min. | Brie |
| 6:45-7:45 | Advanced Tumbling |  | 1 hour | Anthony |
| 7:45-8:45 | High School  Advanced Tumbling |  | 1 hour | Anthony |
| TUESDAY | | | | |
| 3:45-4:45 | Beginner 2 |  | 1 hour | Amy |
| 3:45-4:45 | Beginner 3/Intermediate Gymnastics |  | 1 hour | Brian |
| 4:30-5:30 | Beginner 1 |  | 1 hour | Brie |
| 4:45-5:45 | Beginner 1 | 7+ | 1 hour | Amy |
| 4:45-5:45 | Beginner 2 |  | 1 hour | Brian |
| 5:30-6:15 | Preschool |  | 45min | Brie |
| 5:45-6:45 | Beginner 1 Younger | 5-6 | 1 hour | Amy |
| 5:45-6:45 | Boys Beginner 1 Gymnastics |  | 1 hour | Brian |
| 6:15-7:15 | Advanced Tumble & Cheer |  | 1 hour | Brie |
| 6:45-7:30 | Preschool | 3-4 |  | Amy |
| 6:45-7:45 | Beginner 1 |  |  | Brian |
|  |  |  |  |  |
| WEDNESDAY | | | | |
| 3:45-5:00  3:45-5:15 | Pre-Team  Practice Group 2 & 3 |  | 1 hour & 15 min.  1 hour & 30 min. | Brie, Brian, & Amy |
| 5:00-7:00 | TEAM  Practice Group 4 & 5 |  | 2 hours | Brie, Brian, & Amy |
| 6:45-7:45 | Beginner 2 |  | 1 hour | Brian |
| 7:00-8:00 | Beginner 1 |  | 1 hour | Amy |
| THURSDAY | | | | |
| 3:45-4:45 | Beginner 1 |  | 1 hour | Amy |
| 3:45-4:45 | Beginner 2 |  | 1 hour | Brian |
| 4:45-5:45 | Beginner 1 Younger | 5-6 | 1 hour | Amy |
| 4:45-5:45 | Beginner 2 |  | 1 hour | Brian |
| 5:00-6:00 | Beginner 2 Cheer |  | 1 hour | Brie |
| 5:45-6:30 | Preschool |  | 45 min. | Amy |
| 5:45-6:45 | Beginner 1 | 6+ | 1 hour | Brian |
| 6:00-7:00 | Beginner 3/Intermediate Gymnastics |  | 1 hour | Brie |
| 6:45-7:45 | Beginner 1 Cheer |  | 1 hour | Amy |
| 6:45-7:45 | Advanced Tumbling |  | 1 hour | Brian |
| FRIDAY | | | | |
| 9:00-9:45 | Preschool | 3 - 4 | 45 min. | Amy |
| 9:45-10:45 | Beginner 1 | 6-10 | 1 hour | Amy |
| 3:45-5:15 | TEAM  Practice Group 2 & 3 |  | 1 hour & 30 min. | Brian & Amy |
| 5:00-7:00 | TEAM  Practice Group 4 & 5 |  | 2 hours | Brian & Amy |

Edited By Stephanie 1/14/2025